

California Rehabilitation Oversight Board Minutes September 8, 2022 Meeting

The California Rehabilitation Oversight Board (C-ROB) met in open session at 10:00 a.m. on September 8, 2022, at the Sacramento State Harper Alumni Center.

Board Members present: **Amarik K. Singh**, Inspector General (Chairperson); **Jeffrey Macomber**, Undersecretary of Operations, for Kathleen Allison, Secretary, Department of Corrections and Rehabilitation (CDCR); **William Arroyo, M.D.**, Mental Health Representative (Speaker of the Assembly Appointee); **Tyler Sadwith**, Deputy Director for Behavioral Health for Jacey Cooper, State Medicaid Director and Chief Deputy Director, (Designee for Will Lightbourne, Director of the California Department of Health Care Services); **Stephanie Clendenin**, Director, California Department of State Hospitals; **William Honsal**, Sheriff, Humboldt County (Governor Appointee); **Alexa Sardina**, Assistant Professor, California State University, Sacramento (Chancellor of California State University appointee); **Carolyn Zachry**, Administrator, Adult Education Office, Career and College Transition Division, (Designee for Tony Thurmond, Superintendent of Public Instruction); **Tamika Nelson**, Chief Probation Officer, San Diego County (Senate Committee on Rules Appointee); and **Kellie Nadler** for LeBaron Woodyard, PhD, Dean, Academic Affairs (Designee for Eloy Ortiz Oakley, Chancellor, California Community Colleges).

Board Members absent: None

Office of the Inspector General staff: Ashley Barton-Schiele, Executive Director; James Spurling, Counsel to the Board; Junko Fujisue-Wells, Associate Governmental Program Analyst; and Linda Whitney, Board Secretary.

Presenters:

CDCR:

Lisa Heintz
Janene Delmundo
Denise Allen

Public Comments:

Patricia Barrett

Item 1. Call to order

Chair Singh called the meeting to order at 10:01 am.

Item 2. Introduction and establish quorum

Chair Singh introduced the C-ROB Executive Director and the Office of the Inspector General staff participating in the meeting. She welcomed Chief Tamika Nelson to the board. She also announced that to be eco-friendly and cut costs of printing, meeting materials for the board members will be provided electronically unless hardcopies are specifically requested. Ms. Singh also commented that previous Inspectors General had abstained from any voting, but since there are no rules preventing the chairperson from voting, she will be participating in voting from now on.

Item 3. Review agenda

There were no comments concerning the agenda.

Item 4. Review and approve minutes from the June 30, 2022 board meeting

Dr. Arroyo moved to approve the minutes and Sheriff Honsal seconded the motion. T. Nelson, A. Sardina, and C. Zachry abstained. S. Clendenin, W. Honsal, A. Singh, and W. Arroyo voted to approve the minutes.

Item 5. Executive Director Updates

Legislation

Ms. Barton-Schiele reported that SB 903, which will have C-ROB review parolee post-release housing needs, has moved on to the Governor for signature.

Item 6. Board discussion regarding the September 15, 2022 draft report

The board reviewed the draft report. Dr. Arroyo suggested that we include links to key references in the report. There were no other suggestions or changes proposed.

Item 7. Board decision regarding the September 15, 2022 draft report

Dr. Arroyo moved to approve the report, Sheriff Honsal seconded the motion. S. Clendenin, T. Nelson, W. Honsal, C. Zachry, A. Singh, W. Arroyo, and A. Sardina voted to approve the report.

Item 8. Presentation by California Correctional Health Care Services

Integrated Substance Use Disorder Treatment Program

Lisa Heintz, Janene Delmundo and Denise Allen presented on CCHCS's ISUDT Program. Ms. Heintz reported that CDCR is aware that overdose deaths are a big problem in our country and in California. A majority of the incarcerated population have experienced some kind of trauma, and people who have experienced trauma are 15 times more likely to commit suicide. In addition, addiction damages dopamine receptors in the brain. It causes an unnatural high which can never be achieved again while damaging the body's ability to produce dopamine. CDCR works with the National Governor's Association and the Department of Health and Human Services to provide solutions to the substance use.

Ms. Delmundo reported that there are six major components to the ISUDT Program: screening and assessment, medication-assisted treatment, cognitive behavioral interventions, supportive housing, enhanced pre-release planning, and transition services. They start at intake, but also screen 15-24 months prior to release to help with the transition back into the community. As of yesterday, they had screened 89,250 patients and assessed 31,000.

Ms. Allen reported that they have a dashboard where the public can see the number of incarcerated people screened and assisted. There are 42% less incarcerated people on the waitlist. There has been a decrease in the number of skin infections for those in the ISUDT program.

Ms. Heintz reported that all incarcerated people are eligible for ISUDT if a need is determined during the screening. They also receive education to help stop possible overdose after release.

Item 9. Board discussion regarding proposed change to statutory publishing date

Ms. Barton-Schiele proposed a motion to allow the Inspector General to look into changing the statutory publishing date to October 15th to allow additional time to compile the annual report. W.

Arroyo moved to approve the motion and T. Nelson seconded the motion. S. Clendenin, T. Nelson, W. Honsal, C. Zachry, A. Singh, W. Arroyo, and A. Sardina voted to approve the motion.

Item 10. Board discussion on post-release needs

Ms. Barton-Schiele reported that this year’s report incorporated more on post-release needs and programs. She asked the board members for suggestions of what information and data they would like to see on post-release needs and programs moving forward.

W. Arroyo suggested seeing the success of post-release to employment numbers, and how well rehabilitation services are contributing to employment, and information on permanent housing to determine how rehab services can be fine-tuned. W. Honsal suggested tracking what transition programs they are going into. Ms. Nelson wanted to know if there was any data on family engagement.

Item 11. Future board meeting schedule

Ms. Barton-Schiele proposed the following dates for 2023 board meetings: January 26, May 4, and September 12. She also proposed August 24, 2023 for the Report Writing Subcommittee Meeting. There were no conflicts from the board.

Item 12. Future agenda items

Ms. Barton-Schiele reviewed the previous agenda items suggested and the following were new suggestions: how does CDCR publicize its successes, and a presentation on the Rising Scholar Network.

Item 13. Public Comment

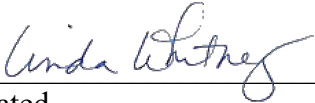
Patricia Barrett stated her son is incarcerated and has diabetes. She doesn’t know of any dietician in the institutions and wants to know how she can buy healthier food options for her son since the items in the canteen aren’t good choices for his diabetes. She stated that moving inmates to other blocks or yards causes setbacks.

Item 14. Adjournment

The meeting was adjourned at 11:53am.

January 26, 2023

C-ROB Secretary



Dated