



# C-ROB



## *California Rehabilitation Oversight Board*

### **NOTICE OF PUBLIC MEETING California Rehabilitation Oversight Board**

The California Rehabilitation Oversight Board (C-ROB) will meet on Thursday, March 18, 2021, starting at 10:00 a.m. virtually via Zoom.

Join from PC, Mac, Linux, iOS or Android:

<https://us02web.zoom.us/j/88017133271?pwd=SXdBOFZ2OGtYVVlrOXlpc1ZqSzRlZz09>

Password: 006226

Or Telephone:

Dial:

USA 404 443 2170

USA 8778487030 (US Toll Free)

Conference code: 439665

Find local AT&T Numbers:

<https://www.teleconference.att.com/servlet/glbAccess?process=1&accessNumber=4044432170&accessCode=439665>

This notice can be accessed electronically from C-ROB's website: [www.crob.ca.gov](http://www.crob.ca.gov).

A copy of the agenda is enclosed.

If you would like to submit written materials pertaining to an agenda item for distribution to board members in advance of the meeting, please submit the materials to the address below no later than twelve o'clock noon (12:00 p.m.) on Monday, March 15, 2021, to allow staff time to distribute them to interested persons who have requested notice of board meetings.

**Fax to (916) 255-1403, or mail at address listed below.**

If you need additional information, please call (916) 255-1391 or write to:

**Linda Whitney, Board Secretary  
Office of the Inspector General  
10111 Old Placerville Road, Suite 110  
Sacramento, CA 95827**

The meeting location is architecturally accessible to persons with physical disabilities. Persons who need auxiliary aids or other assistance for effective participation, should phone Linda Whitney at (916) 255-1391 or TTY (800) 735-2929 no later than five (5) working days prior to the board meeting.

# **Agenda Item #3**



# C-ROB



## *California Rehabilitation Oversight Board*

### AGENDA

**Date:** Thursday, March 18, 2021

**Time:** 10:00 a.m.

**Location:** Virtually via Zoom

#### Open Session

1. Call to order
2. Introduction and establish quorum
3. Review agenda
4. Review and approve minutes from the September 3, 2020, board meeting
5. Executive Director Updates
6. Presentations: California Department of Corrections & Rehabilitation
  - Integrated Substance Use Disorder Treatment (ISUDT) Update
  - Department of Rehabilitative Programming Update
  - Victim Impact/CARE Grants
  - Office of Correctional Education Update
7. Presentation: The Transformative In-Prison Workgroup
8. Future board meeting schedule
9. Future agenda items
10. Public comment
  - The board will accept public comment on any matter under its jurisdiction. Speakers are asked to limit their comments to three (3) minutes. The board cannot act on any public comment or other matters not on the agenda.
11. Adjournment

THE ORDER OF BUSINESS MAY BE CHANGED WITHOUT NOTICE. Notice is hereby given that the order of consideration of matters on this agenda may be changed without prior notice. The board will recess for a lunch break, if necessary.

*Gavin Newsom, Governor*

---

10111 OLD PLACERVILLE ROAD, SUITE 110 SACRAMENTO, CA 95827 PHONE: (916) 255-1391 FAX: (916) 255-1403

Additional information on the California Rehabilitation Oversight Board and all public notices for meetings may be viewed and downloaded from C-ROB's website: [www.crob.ca.gov](http://www.crob.ca.gov).

Individuals requiring accommodation for disabilities (including interpreters and alternative formats) should contact Linda Whitney at (916) 255-1391 or TTY (800) 735-2929 at least five (5) working days prior to the scheduled meeting.



# **Agenda Item**

## **#4**

## **California Rehabilitation Oversight Board Minutes September 3, 2020 Meeting**

The California Rehabilitation Oversight Board (C-ROB) met in open session at 10:00 a.m. on September 3, 2020, via Zoom.

**Board Members present:** Roy Wesley, Inspector General (Chairman); Raul Arambula, MA, Intersegmental Support (Designee for Eloy Ortiz Oakley, Chancellor, California Community Colleges); William Arroyo, M.D., Mental Health Representative (Speaker of the Assembly Appointee); George Maynard, Deputy Director, California Department of State Hospitals; Ralph Diaz, Secretary, Department of Corrections and Rehabilitation (CDCR); Brenda Grealish, Assistant Deputy Director, Mental Health and Substance Use Disorder Services, (Designee for Jennifer Kent, California Department of Health Care Services); Alexa Sardina, Assistant Professor, California State University, Sacramento (Chancellor of California State University appointee); Darren Thompson, Sheriff, County of San Benito (Governor Appointee); Susan Turner, Professor, University of California, Irvine (President of the University of California appointee); and Carolyn Zachry, Administrator, Adult Education Office, Career and College Transition Division, (Designee for Tony Thurmond, Superintendent of Public Instruction).

**Board Members absent:** Wendy Still, Chief of Probation for Alameda County (Senate Committee on Rules appointee)

**Office of the Inspector General staff:** Basil Richards, PhD., Executive Director; James Spurling, Counsel to the Board; Nico Gilbert-Igelsrud and Ashley Barton-Schiele, Rehabilitation Analysts; and Linda Whitney, Board Secretary.

**Presenters:**

**CDCR:**

Brantley Choate

**Public Comments:**

Susan Lawrence

Lisa Lambert

**Item 1. Call to order**

Chairman Wesley called the meeting to order at 10:04 am.

**Item 2. Introduction and establish quorum**

Chairman Wesley introduced the Office of the Inspector General (OIG) staff participating in the meeting. A quorum was established.

**Item 3. Review agenda**

There were no comments concerning the agenda.

**Item 4. Review and approve minutes from the September 4, 2019 board meeting**

The minutes were approved with one change to Dr. Arroyo's employment. George Maynard moved to approve the minutes and Sheriff Thompson seconded the motion. Dr. Arroyo, Carolyn Zachry, Raul Arambula, Brenda Grealish, and Alexa Sardina voted to approve the minutes.

**Item 5. Executive Director updates**

Dr. Richards stated he did not have any updates at this time.

**Item 6. Board discussion regarding the September 15, 2020 draft report**

The board discussed the September 15, 2020 draft report. The board discussed approving the report with the inclusion of data regarding death rates from opioids and the number of inmates currently receiving medication-assisted therapy.

**Item 7. Board decision regarding the September 15, 2020 draft report**

The board voted to approve the September 15, 2020 report with the one change. Dr. Arroyo moved to approve the report. Brenda Grealish seconded the motion. Secretary Diaz, Carolyn Zachry, Raul Arambula, George Maynard, and Sheriff Thompson voted to approve the report with the revision discussed. Alexa Sardina abstained from voting.

**Item 8. Future board meeting schedule**

Chairman Wesley stated that there are no future board meetings scheduled for 2020, and we are tentatively looking to hold the next board meeting in March 2021.

**Item 10. Future agenda items**

Dr. Arroyo asked if we could receive an overview of the new CDCR budget during a future meeting.

**Item 11. Public Comment**

Lisa Lambert stated that she's a volunteer at the prison and she wants LWOP inmates to be able to come before the parole board and show they've been rehabilitated.

Susan Lawrence stated that she is the founder and CEO of Center for Life Without Parole Studies. She supported the Honor Program and she would like to see LWOP inmates have the opportunity to be considered or reviewed for possible release.

**Item 12. Adjournment**

The meeting was adjourned at 10:53am.

---

C-ROB Secretary

---

Dated

# **Agenda Item #6**

# **Integrated Substance Use Disorder (ISUDT) Update**



# C-ROB

## California Rehabilitation Oversight Board

March 18, 2021

**Lisa Heintz**

ISUDT, Project Executive

**Janene DelMundo**

ISUDT, Project Director



# ISUDT



# Integrated Substance Use Disorder Treatment



**You are not alone.**  
Talk to your health care team to find out how ISUDT can help.

Poster design by Correctional Officer Joshua Gutierrez,  
Pleasant Valley State Prison

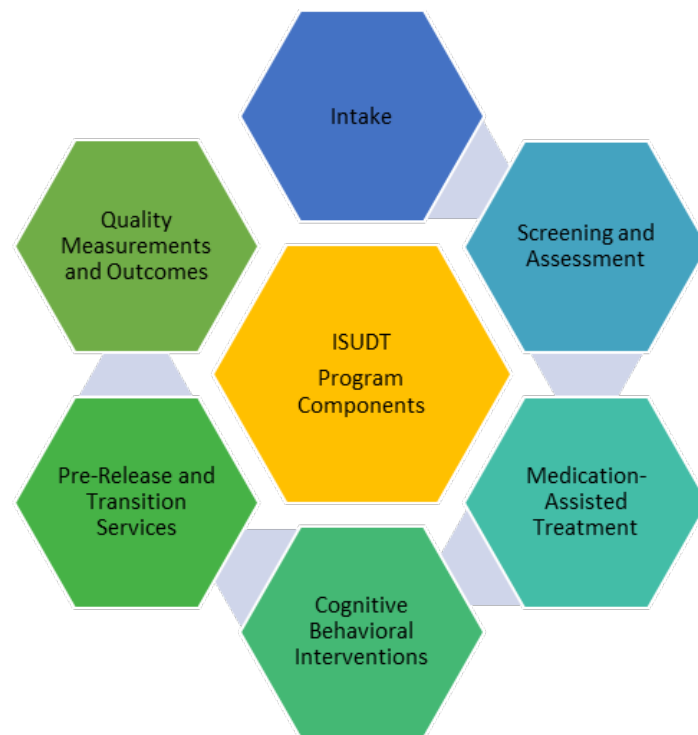


# ISUDT Program Goals

- ✓ Reduce overdoses, morbidity and mortality
- ✓ Reduce recidivism and cycle of incarceration for people with SUDs
- ✓ Enhance pre-release processes and successful community reintegration
- ✓ Promote healthy families and communities by reducing homelessness, and enhancing employment opportunities

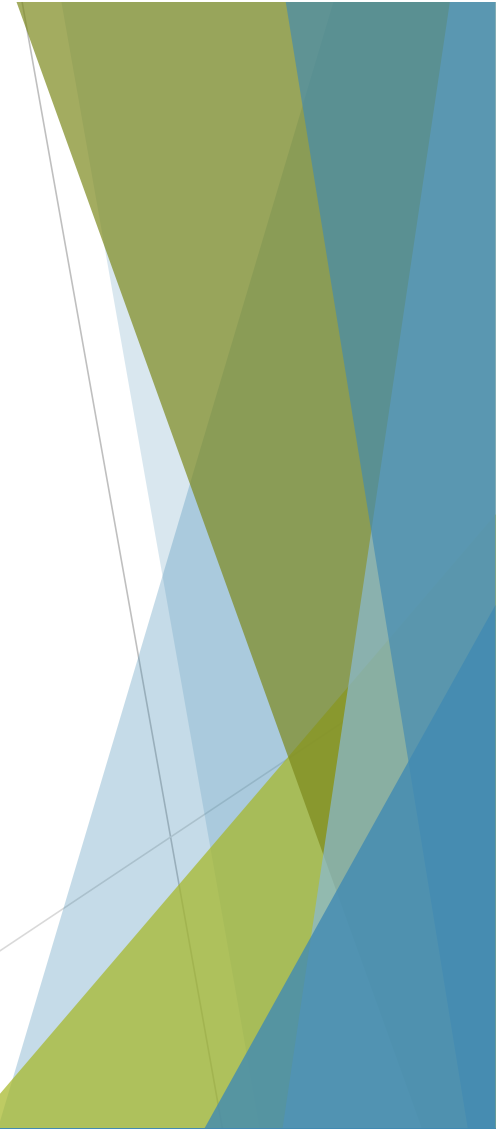


# ISUDT Program Components



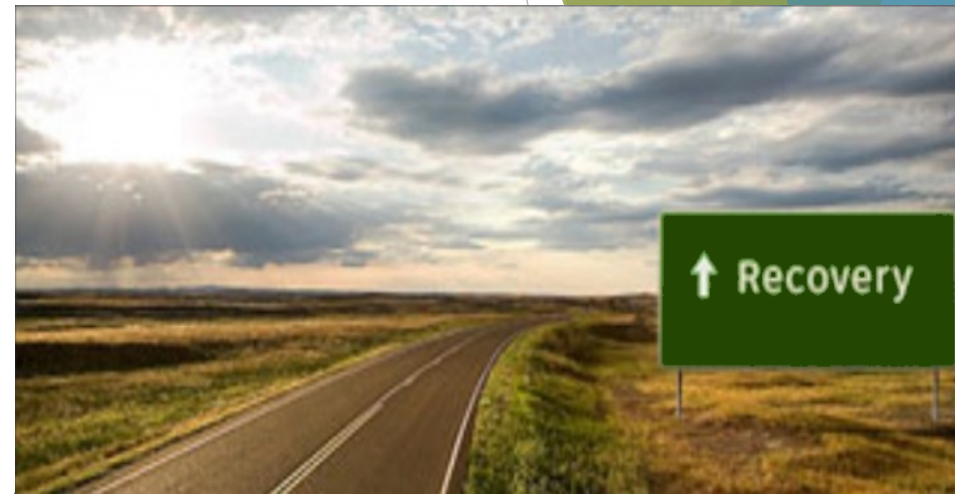
# Treatment Modalities

- ▶ Medication Assisted Treatment
- ▶ Cognitive Behavioral Interventions
- ▶ Supportive Housing



# Efficacy of MAT

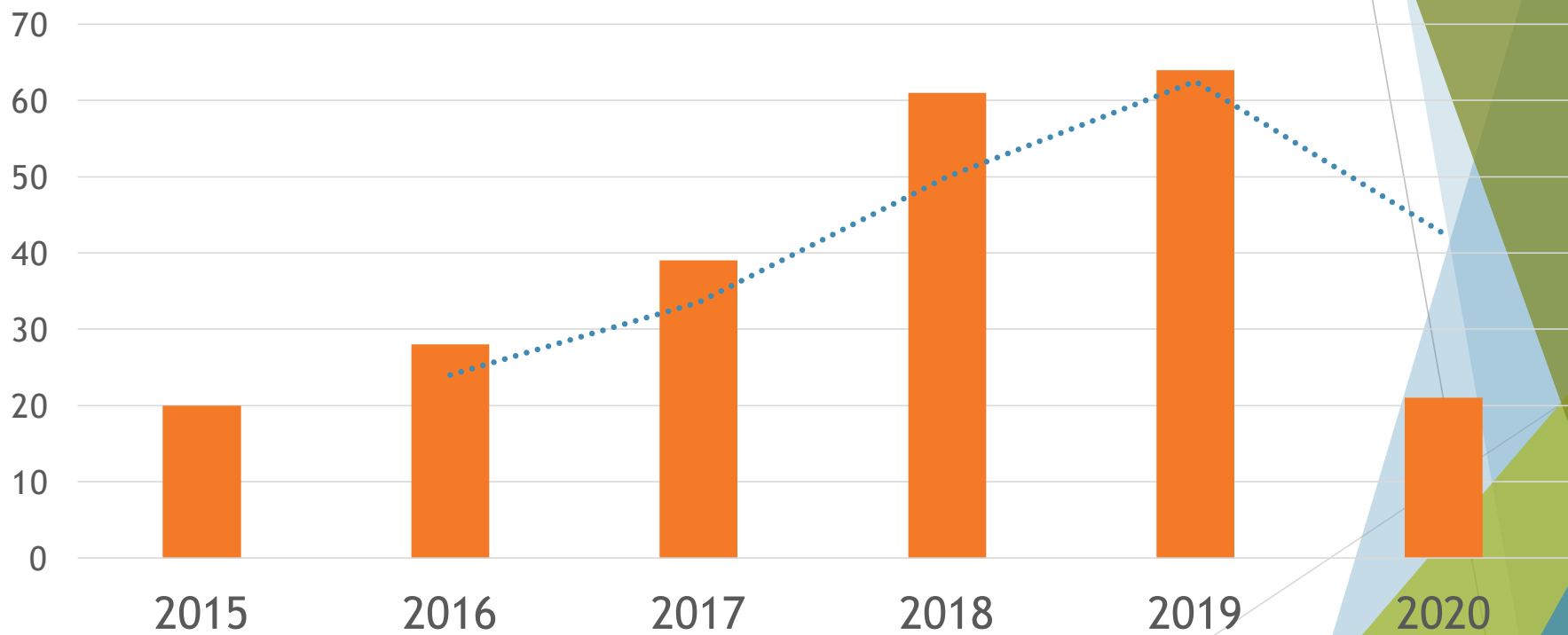
- ✓ Reduces overdose deaths
  - Methadone reduces risk ~70% compared w/ detox
  - Buprenorphine reduces risk ~50% compared w/ detox alone
- ✓ Reduces illicit drug use & criminal activity
- ✓ Increases retention in treatment 50-80%
  - Abstinence for OUD has failure rate: ~85%
- ✓ Lowers criminal justice & healthcare costs



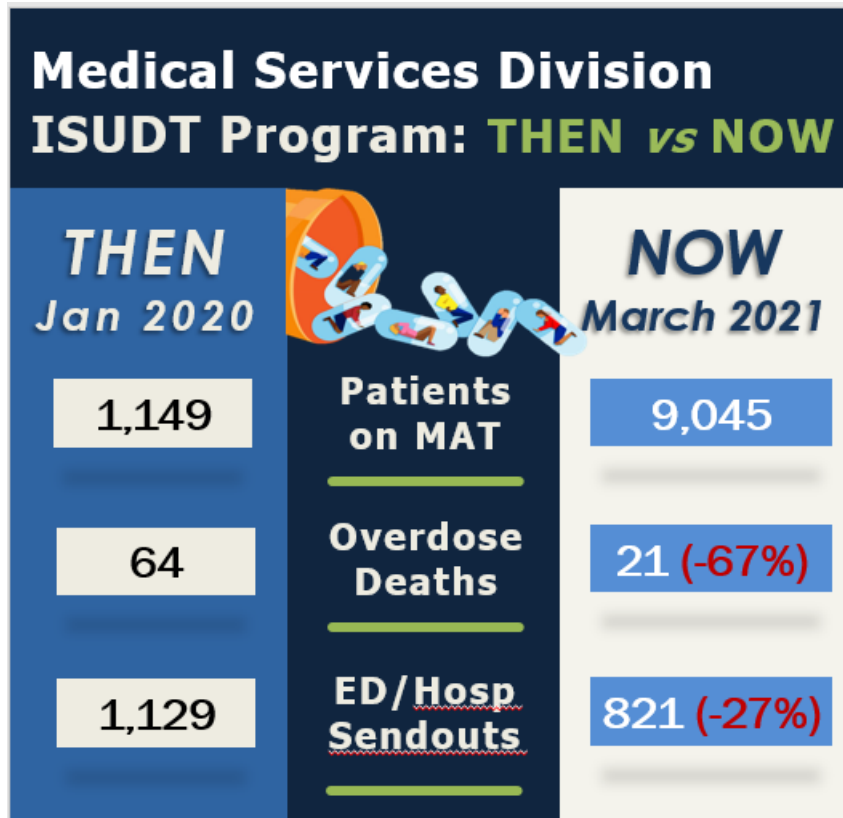
**2 times as many individuals curb opioid-use with medication compared to placebo**

**Post-release OD deaths dropped 61% following Rhode Island's implementation of MAT, which drove the total death rate down 12% in the state**

# CCHCS Overdose Deaths



# Progress to Date



SUMMARY OF TOTALS: Week ending March 12, 2021
Total # of Prisons Programming – 35
Total # of Participants Programming – 5254 <ul style="list-style-type: none"> <li>• Total # In-Person Programming – 1816</li> <li>• Total # Packet Programming – 3193</li> <li>• Total # Paused for Quarantine – 245</li> </ul>
<ul style="list-style-type: none"> <li>• Total # of Groups Assigned – 685</li> <li>• Total # of Groups Currently Running – 649</li> <li>• Total # of Groups Paused for Quarantine – 36</li> <li>• Total # of Intensive Outpatient (ISI) – 443 (27 paused)</li> <li>• Total # of Outpatient (ISO) – 38 (1 paused)</li> <li>• Total # of Life Skills (CB2) – 168 (8 paused)</li> </ul>
<ul style="list-style-type: none"> <li>• MAT Participants Assigned – 2759</li> <li>• MAT Currently Programming – 2633</li> <li>• MAT Currently Paused for Quarantine/Isolation – 126</li> </ul>
Total # AOD's Delivering Curriculum – 345

# ISUDT Preview – Public Facing Dashboard

## ISUDT PROGRAM OVERVIEW



Current Population

Population All Time

### STATEWIDE

#### Screening & Assessment



29,339

Screened for the presence of Substance Use Disorder (SUD)

18,393

Assessed for SUD Treatment Needs

9,585

Evaluated for Medication Assisted Treatment (MAT)

#### Treatment



10,104

SUD Treatment Provided

4,070

Cognitive Behavior Interventions (CBI) Provided

8,094

Medication Assisted Treatment (MAT) Provided

### POPULATION BY LOCATION (Institution / County of Release)

Location	Screening & Assessment			Treatment		
	Screened for SUD	Assessed for SUD Treatment Needs	Evaluated for MAT	SUD Treatment Provided	CBI Provided	MAT Provided
ASP	1093	412	313	341	181	254
CAC	844	399	205	185	63	168
CAL	841	642	319	383	208	297
CCC	848	309	76	104	90	31
CCI	1099	958	388	472	184	351
CCWF	730	494	265	258	85	207
CEN	810	690	423	363	49	360
CHCF	660	426	257	228	111	177
CIM	608	340	233	190	75	189
CIW	495	372	279	266	187	178
CMC	784	418	184	223	108	149
CMF	580	345	204	158	30	141
COR	1126	723	406	427	149	366
CRC	1056	410	248	217	125	173
CTF	991	505	140	197	128	114
CVSP	379	111	42	140	135	31
DVI	469	200	125	98	34	74
FSP	650	341	120	236	179	89

Program Overview

Screening & Assessment

CBI

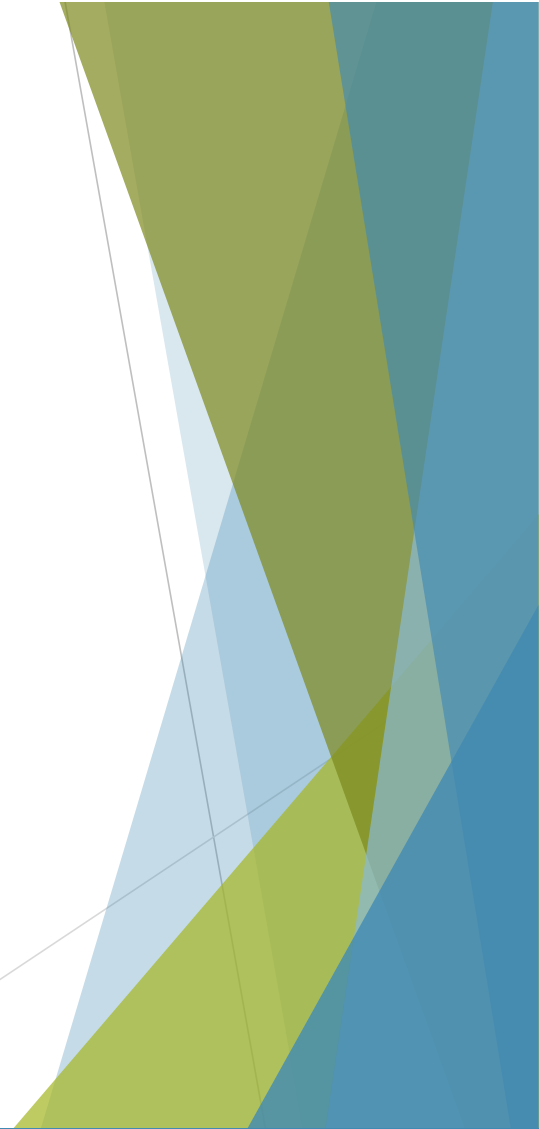
MAT

Enhanced Pre-Release

Program Outcomes

Program Trends

Questions?





# **Office of Correctional Education Update**

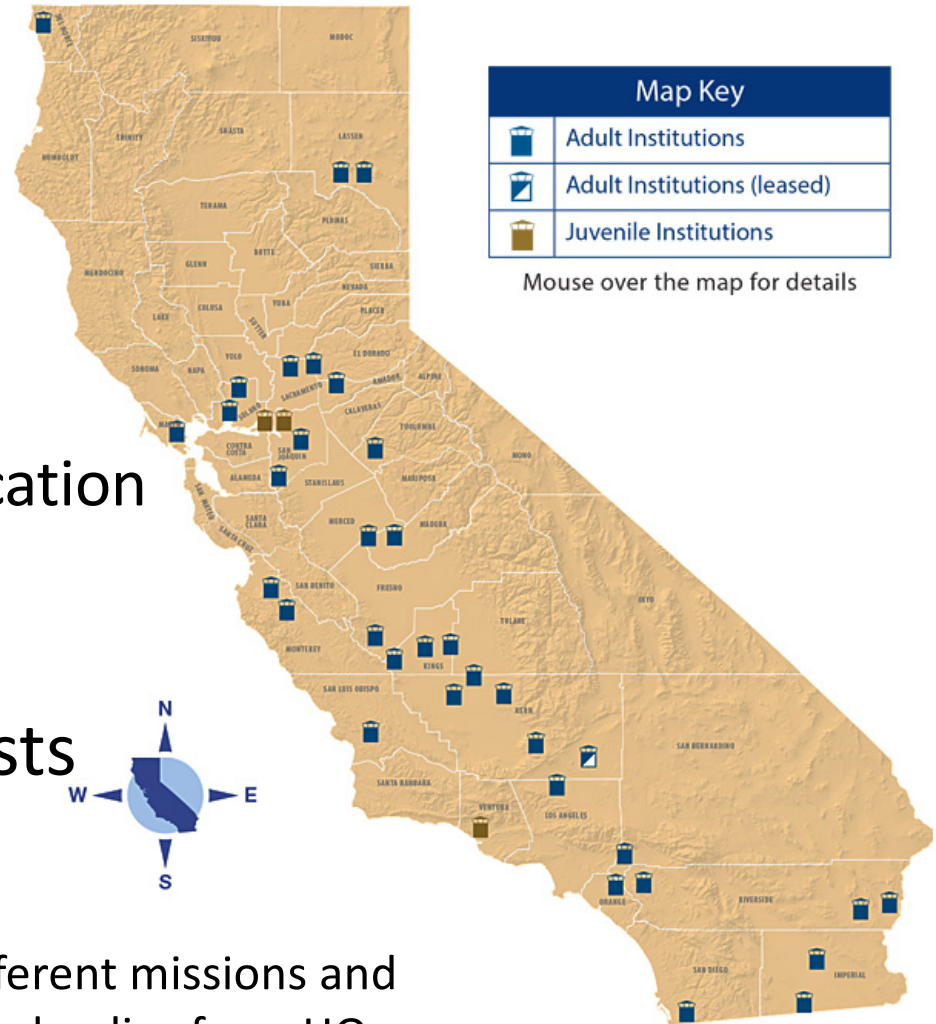
# Office of Correctional Education



Shannon Swain  
Superintendent

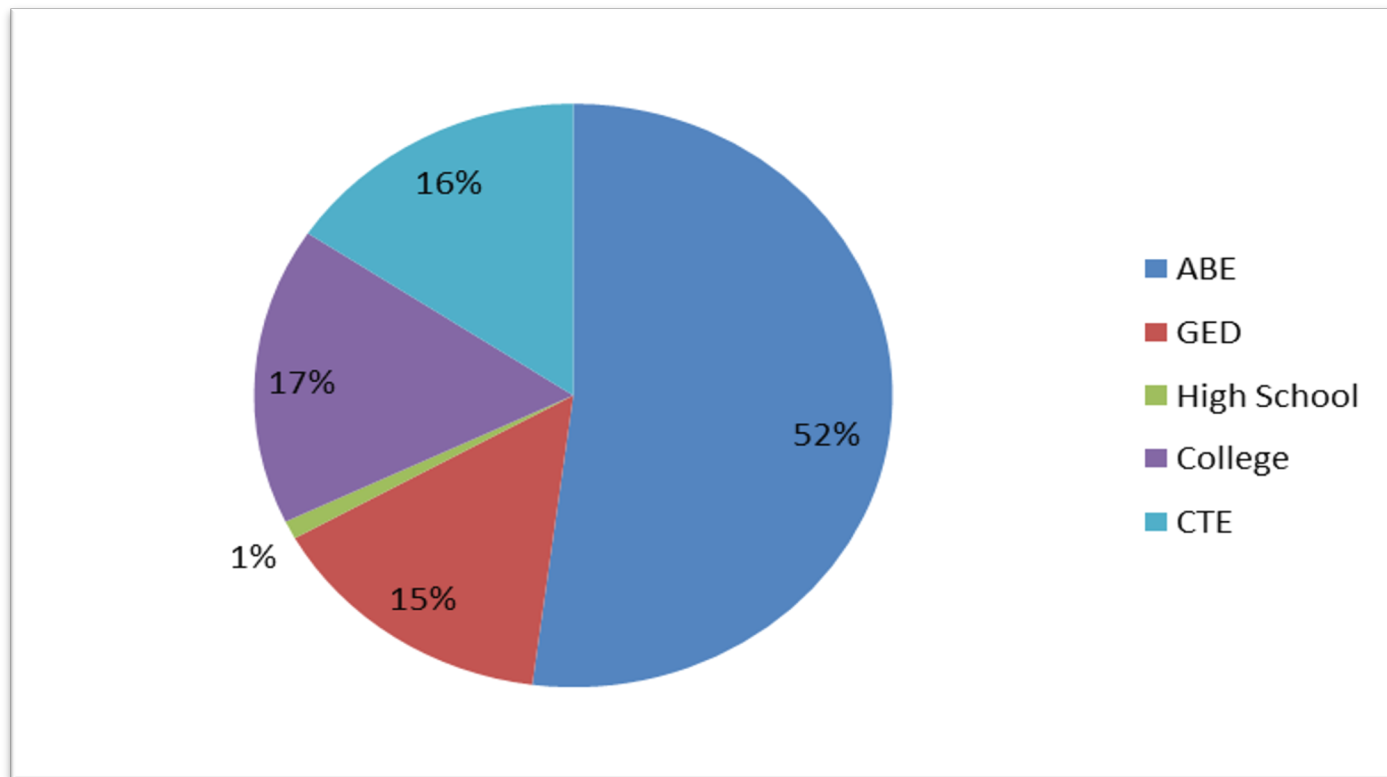
# OCE Overview

- 35 Adult Schools
  - 1126 Teachers
    - Academics
    - Career Technical Education
    - Recreation
  - 318 Library Staff
  - 35 Television Specialists
- Numerous College Partners



Each prison is like a small city, with many different missions and yards, with curricular support and training and policy from HQ

# OCE Students



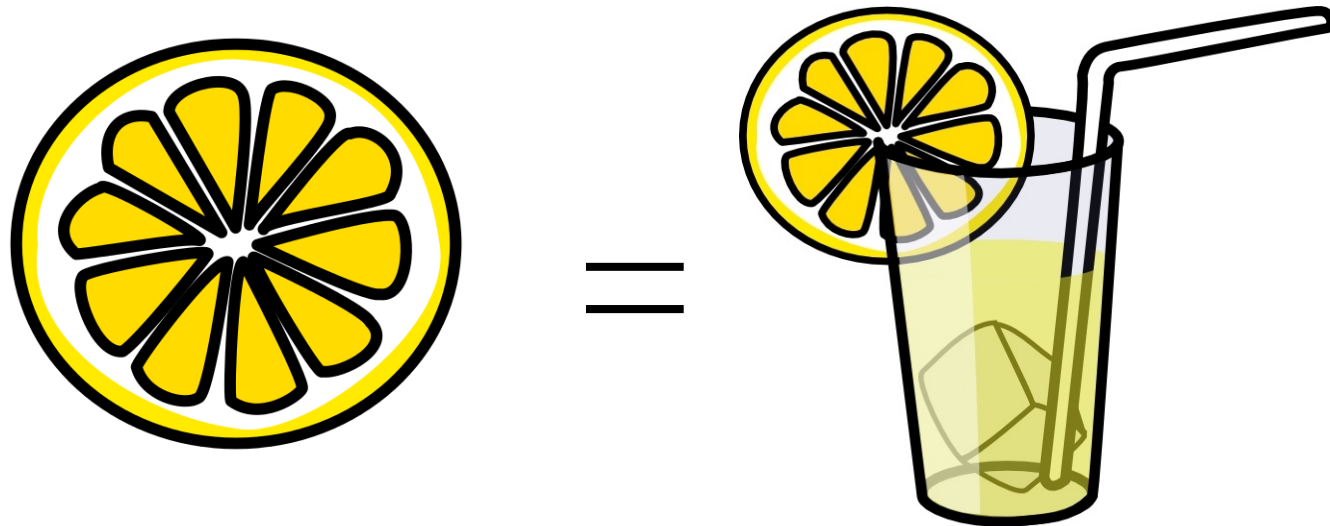
# PRE-COVID

- Strategic Plan
- TCC
- PLC
- Technology



STUDENT SUCCESS INITIATIVE in full swing!

# When Life Gives You Lemons



**How has OCE “made lemonade” AND ensured students continue their learning since COVID-19 caused modified programming statewide?**






# COVID as CATALYST

- Modified Programming Memorandum
- Independent Study Began
- OCE HQ Moved to Telework



# COVID as CATALYST

- Professional Development
- TCC and Strategic Plan  TEAMS
- Academic Coaches and PLCs
- Leadership Committees and Workgroups
- Leadership Academy and Succession Planning
- Distinguished School
- Peer Literacy Mentor Program





# COVID as Catalyst

- **Maintaining Connection to Students**
  - Televised messages
  - Lessons on DRP TV
  - Motivational Messages in Packets
  - THRIVE development-650 eReaders

# COVID as CATALYST

Sharing  
our Story

## Communication

- Memoranda
- Email and “Swain Speaks”
- Conference Calls, Team Meetings-Daily, then weekly to support staff feeling uncertain
- Professional Development-46 sessions
- OCE SharePoint Site
- HQ Support



# COVID as CATALYST

## Technology

- Data Visibility Tool
- 13 Month Rehabilitative Program Report
- Teams
- DocuSign
- DRP-TV and eLearning



# COVID as CATALYST



# COVID as CATALYST

## ALIGNMENT

- DRP Strategic Vision
- California Professional Standards for Education Leaders
- Western Association of Schools and Colleges
- College and Career Readiness Standards
- Distinguished School Program



# COVID as CATALYST

## EXTERNAL Stakeholders

- College Partners- CC and BA Programs
- Rising Scholars
- CALPRO, OTAN Advisory Boards
- Prison to Employment
- WASC Virtual Visits, and...

# COVID as CATALYST

## The Office of the Inspector General and C-ROB

1. Tell me about your Strategic Plan School Success Team and the Actions and Services for your school.
2. How do you find the PLCs are improving student outcomes?
3. In what ways are you increasingly integrating technology into your teaching?
4. Does your school have a representative as a TCC facilitator?
5. How is your school working to become a CDCR Distinguished School?



# **Agenda Item**

## **#7**





# THE TRANSFORMATIVE IN- PRISON WORKGROUP

A Statewide Coalition of In–Prison Program Providers





57+ community-based organizations across California.

Our members run healing programs in all 35 CDCR facilities.

Reaching 50,000+ incarcerated individuals over ½ of all incarcerated people in California's prisons.



## MISSION

**Ensure that all people living in California prisons have access to meaningful, high quality programs, and accelerate the impact of recent sentencing reforms towards our North Star goal of decarceration.**



# Our Work

COMMUNITY BUILDING & BREAKING ISOLATION

ADMINISTRATIVE ADVOCACY WITH THE CDCR

RESEARCH & COMMUNICATION

LEGISLATIVE ADVOCACY



# What Do We Do?


- **TPW is the only statewide coalition organizing for CBO programs to become the cornerstone of rehabilitation in the California prison system.**
- **TPW and our members are advocating for alternatives to retributive justice and an end to the public misunderstanding that human beings cannot change.**
- **Fundamentally, we seek to create systems of care that promote dignity, safety, and belonging for all people.**

**Over the past three years our advocacy has doubled the state budget for in-prison programs, strengthened the collective power of California's restorative justice and healing sector, and accelerated decarceration.**





# Outcomes

- **Restoration of RAC**
  - **Supporting member organizations to convert in-person curriculum into correspondence based curriculum to ensure contact and connection**
  - **Influencing tech decisions now that tablets will be purchased for all incarcerated people in the CDCR**
  - **Won quarterly meetings with CDCR**
  - **Support decarceration efforts in coalition with key partners**
- 



# C-ROB Recommendation - 2020

**“The Board recommends that the Office of Community Partnerships pursue expanding credit-earning opportunities for correspondence-based rehabilitative programs. A number of institutions indicated some rehabilitative programming continued only through correspondence. Incarcerated persons who are voluntarily continuing their rehabilitative efforts through correspondence are currently earning no credit. Incarcerated persons should have the opportunity to receive credit correspondence-based programming. As with interactive learning, this would expand the availability of programming when in-person programs are unavailable. Incarcerated persons would have the opportunity to continue their rehabilitative progress and get their credit for it.”**

**September 15, 2020 C-ROB Report**





# C-ROB Recommendation - 2019

**“The Board emphasizes the importance of measuring program implementation and outcomes and, to the extent possible, the long-term outcomes after offenders have been released to the community. Outcome measures, such as successful integration of individuals into their community upon release (housing, employment, income, and substance use), should be collected for parolees after they parole. The Board requests the department provide future updates on its progress with implementation of the SUDT program.”**

**C-ROB 2019 Recommendation**





# C-ROB Recommendation - 2018

**The Board recommends the department's Division of Rehabilitative Programs continue to work with the Division of Adult Institutions to strengthen and maximize inmate rehabilitative programming and credit earning potential. This would involve prioritizing enrollment of its highest-risk and highest-need inmates in evidence-based rehabilitation programs.**

**Secondarily, it would ensure that an inmate is able to take full advantage of available credits for rehabilitative and educational achievements to advance his or her release date or initial parole hearing date. The department should determine if its Strategic Offender Management System (SOMS) needs process improvements to improve tracking in key areas, such as assigning inmates to available milestone and rehabilitative achievement credit programs (check for inmate scheduling conflicts) and tracking of inmate program waitlists that are currently prepared at the local institutional level.**

**C-ROB 2018 Recommendation**



# C-ROB Recommendation - 2017

**The Board recommends the department issue a training or memorandum clarifying the use of split-shift programming for milestone, educational merit, or rehabilitative achievement credit-eligible programs, allowing eligible inmates to attend all credit-earning rehabilitative programs with a flexible work schedule.**

**C-ROB 2017 Recommendation**



# C-ROB Recommendation - 2016

**The Board recommends the department consider strategies to increase the number of program sponsors and the feasibility of contracting with non-department individuals to maximize the rehabilitative programming access and maximize budget allotments.**

**C-ROB 2016 Recommendation**



# Correspondence

Provided technical assistance and a learning community for members on navigating COVID-19 and converting their in-person programming to correspondence.





# Technology

Convened national, state, and community based partners to strategize about the expansion of technology for programming inside prisons.

# COVID-19



- Launched COVID-19 Platform to ensure incarcerated individuals have access to programs through mail correspondence during indeterminate lockdowns;
- Advocated for CDCR to reinstate and expand Rehabilitative Achievement Credits (RAC) so that individuals participating in correspondence programs are still able to earn time off their sentences during the pandemic;
- Advocated with the Good Time Credits Coalition of Initiate Justice, Success Stories, Smart Justice, Re:Store Justice, and Ella Baker Center for Justice to expand opportunities to earn time off prison sentences.



## Direct Advocacy w/ CDCR

- Quarterly Meetings with Service Providers
- Organize to direct CDCR to reinstate and expand Rehabilitative Achievement Credits (RAC)
- Being in conversation with CDCR about the incoming tech contract – ensuring access for program providers, and that they do not replace in-person



# Elevate Our Providers



Our program providers are not "volunteers", they are professionals and leaders in the field that provide dignified programs to restore our people in prisons and create safer communities, while elevating the cause of community-led solutions to harm.

Many of our member organizations are led by people who have survived incarceration and participated in the very programs we represent.

# Advocacy



- Organized CARE grantees, recipients of state funding secured in 2019 through TPW advocacy, to collectively advocate for timely implementation
- Launched a webinar series responding to the needs of our members and strengthening California's healing sector
- Statewide Convening of In-Prison Program Providers

# The Case For Healing In Prison

## The Road Home



Our members' programs, often directed by formerly incarcerated leaders, break from purely punitive models and demonstrate that transformational healing is possible.

# Finland & Norway



# Finland & Norway





Almost everyone  
who is incarcerated  
in California will  
return home to our  
communities.

Supporting their transition  
benefits us all.





# Contact Info

The Transformative In–Prison  
Workgroup can be contacted at:

[ken@thetpw.org](mailto:ken@thetpw.org)